

# Menus for February 2024



**Park Forest  
Middle School**  
**Mt Nittany  
Middle School**

**Lunch - \$3.00    Breakfast - Free!**  
**Entree - 2.25    Side - \$.85/\$1.25    Milk - \$.70**

## Breakfast

available in the school lobby at the start of the day

### Choose 1 Entree

Coffee Cake (M)    Mini Cinnis (M/F)    Bagels (T/Th)  
Pumpkin & Banana Bread (T/Th)    Cinnamon Rolls (W)    Muffins (W/F)  
Whole Grain Poptarts    Assorted Cereal

### Choose 1 Fruit & 1 Juice

Apples    Bananas    Craisins    100% Juice

### Choose 1 Milk

Low Fat White or Fat Free Chocolate

You may decline items that you do not want but must take 3 items total, one of which must be a fruit or juice.

## Grab & Go

Available on All Lines

PB&J Sandwich (Daily)

Yogurt Parfait (Daily)

Hummus & Pita Chips (Mon-Tues)

Caesar Salad & Roll (Tuesday)

Deli Turkey Sub & Fritos (Thursday)

## Lunch Box

(vegetable side)    <dessert>

Thu, 2/1 - Broccoli Soup/White Chili & Baguette (Baked Potato)

Fri, 2/2 - Buffalo Dip & Chips

Mon, 2/5 - Popcorn Chicken & Biscuit (Steamed Veg)

Tue, 2/6 - Bacon Cheeseburger (French Fries)

Wed, 2/7 - Chicken Alfredo & Garlic Breadstick

Thu, 2/8 - BBQ Chicken & Corn Bread (Baked Potato) <Cookie>

Fri, 2/9 - General Tso's Chicken & Rice (Roasted Broccoli)

Mon, 2/12 - Popcorn Chicken & Breadstick (Steamed Veg)

Tue, 2/13 - Toasted Italian Sub (French Fries)

Wed, 2/14 - Mac & Cheese Bowl - w/ Pulled Pork <Cookie>

Thu, 2/15 - Broccoli Soup or Chili & Baguette (Baked Potato)

Fri, 2/16 - 2 Beef Tacos (Mexican Corn)

Mon, 2/19 - Pepperjack Ciabatta & Tomato Soup <Goldfish>

Tue, 2/20 - Honey Balsamic Chicken Sandwich (Swt Potato Fries)

Wed, 2/21 - Chicken Parmesan & Penne Pasta (Roasted Broccoli)

Thu, 2/22 - Roast Chicken & Biscuit (Baked Potato)

Fri, 2/23 - French Toast & Sausage (Hash Browns)

Mon, 2/26 - No School Today

Tue, 2/27 - Shaved Roast Beef Sandwich (French Fries)

Wed, 2/28 - Lasagna & Breadstick <Sorbet>

Thu, 2/29 - Chicken Cheesesteak (Baked Potato)

Fri, 3/1 - Sloppy Joe & Fritos

Payments can be made online at [www.myschoolbucks.com](http://www.myschoolbucks.com) or mailed to SCASD FSD, 653 Westerly Pkwy, State College 16801. Students may also present cash or a check to any cashier for deposit. Change will not be given. Students are expected to have funds for all purchases and will not be permitted to have extra food items without available funds.

Choose an entree. Complete your meal with 2 vegetable sides, a serving of fruit, and milk.

Decline items that you do not want but you must choose 3 items total, of which 1 must be a fruit, juice, or vegetable.

### Fruit & Veggie Side Dishes

Crunchy Carrots & Assorted Fresh Veggies (Daily)

Hummus (Monday)    Tossed Salad (Tues-Fri)

Whole Fruits    Canned & Frozen Fruit    Juice (M & F)

## Pizza & Pasta

Monday - Big Daddy's Pizza



Tuesday - French Bread Pizza

Wednesday - Italian Dunkers



Thursday - Big Daddy's Pizza

Friday - Pasta & Meatballs w/  
Breadstick



Valentine's Day  
HAPPY

## Grill



### Available Daily

Hamburger    Cheeseburger    Chicken Sandwich

Monday - Impossible Burger

Tuesday - Cheese Pretzel

Wednesday - Hot Dog (beef & turkey)

Thursday - Cheese Pretzel

Friday - Hot Dog (beef & turkey)